

Music Therapy and Dementia Care in the 21st Century

September 4-6 2015, Anglia Ruskin University, Cambridge

This conference will be the first in the UK to focus specifically on music therapy and dementia. The number of people reported to be living with dementia worldwide is steadily increasing; this has led to an increased demand for therapies and care approaches which emphasise non-verbal means of relating. This conference will be of particular importance to all music therapists, students and other professionals interested in work with people who have dementia.

Presentations and workshops will focus upon multidisciplinary work with other practitioners and include contributions from people suffering from dementia; a balance between theory, clinical practice, research and the impact of music therapy will be offered.

Keynote Speakers:

Dr David Aldridge

Editor of the book 'Music Therapy in Dementia Care' (JKP, 2000)

Ming Hsu

Methodist Homes (MHA) and Anglia Ruskin University

Professor Hanne Mette Ridder,

Director of Music Therapy Research, Aalborg University, Denmark

Dr Orii McDermott:

Music Therapy researcher, University College London



The conference is organised by the Music Therapy team within the Department of Music and Performing Arts, chaired by Professor Helen Odell-Miller, Director of the Music for Health Research Centre, in collaboration with Methodist Homes (MHA), a major employer of music therapists in the UK, and the British Association for Music Therapy (BAMT). The opening address will be given by Adrian Bagg CEO of MHA.

This conference will be linked to a preceding one-day conference on Friday Sept 4th, 'The Role of the Arts Therapies in Dementia Care in the 21st Century', sponsored by ICRA (International Consortium for Research in the Arts Therapies), which will focus on Dance Movement Therapy, Dramatherapy, Art Therapy and Music Therapy. Delegates can book for one conference or both.

For more information and to book visit: www.anglia.ac.uk/therapies_conf

Email: therapies-conf@anglia.ac.uk

Music Therapy and Dramatherapy at Anglia Ruskin University

Music Therapy at Anglia Ruskin was established on the Cambridge campus in 1994, providing the first MA Music Therapy training in the UK. Since then we have gone on to train hundreds of Music Therapists who practice worldwide. In 2005, our Music Therapy Clinic was opened, serving the community in Cambridgeshire and the surrounding area. We provide treatment for many local groups, charities and voluntary organisations, private individuals as well as statutory health, education and social services. To build on our strengths in this area, we established our MA Dramatherapy in 2010 and in 2013, we opened our new clinic which is now the largest University-based therapy centre in the UK. The department is a centre for excellence in research, with world-leading research (Research Excellence Framework 2014), and Music Therapy has the largest professoriate in the UK.

MA Dramatherapy

Through lectures, practical workshops, case discussions and theoretical studies, this course will introduce you to a range of approaches to dramatherapy. You'll reflect on your own practice in group discussions, and be supported by an extensive programme of tutorials and supervisions.

Your studies will focus on intercultural practice, attachment/mother-infant observation and the understanding of how past relationships manifest in current client difficulties and how they can be worked with through the dramatherapeutic relationship. You'll also work with music therapists in lectures and performance work, such as Playback Theatre. Our experiential teaching will focus on your own dramatic autobiographical process, dramatherapy theory, links between theory and practice, and bi-weekly experiential dramatherapy groups. In these, you'll reflect upon your clinical experiences and the process of becoming a dramatherapist.

You'll take part in clinical placements under the supervision of qualified dramatherapists, preparing you for employment in many different settings. These placements will take place in two to three fields, including community settings, schools, hospitals and hospices, providing you with experience of working in a multi-disciplinary team.

www.anglia.ac.uk/madramatherapy

MA Music Therapy

On successful completion of this course you'll be eligible for registration with the Health and Care Professions Council in the UK and to work as a Music Therapist.

Through lectures, practical workshops, case discussions and theoretical studies, this course will introduce you to a range of approaches to music therapy. You'll reflect on your own practice in group discussions, and be supported by an extensive programme of tutorials and supervisions.

You'll learn about the most recent, effective music therapy approaches with adults and children. In the UK there are two central elements of music therapy: the use of improvised and pre-composed music; and the significance given to the relationship between client and therapist. These principles will underpin your training.

You'll also take part in clinical placements under the supervision of qualified dramatherapists, preparing you for employment in many different settings, as well as attending regular individual tutorials. Our clinical supervision groups will allow you to reflect upon your clinical experiences and upon the process of becoming a music therapist.

www.anglia.ac.uk/musictherapy

MPhil/PhD

In addition to our Postgraduate taught course we also offer MPhil and PhD supervision and you will join a vibrant community of therapy researchers. We're linked to the International Music Therapy Research Consortium, which includes eight other universities in Europe, the USA and Australia.

Visit www.anglia.ac.uk/research for more information or contact our Research Co-ordinator: helen.jones@anglia.ac.uk