(Presented in form used in Anglia Ruskin University’s SCPHN pathway)

Mental Health:

Provide information to individual & advice to those who enquire about mental health needs & related services & resources

Enable people with mental health, emotional & well-being needs to access & benefit from services.

Assess the needs of carers & families of individuals with mental health needs; physical disabilities & any related long-term conditions.

Assess the health & well-being of women and their babies during pregnancy, in partnership/conjunction with the midwife or senior specialist practitioner.

Identify individuals at risk of developing health-related issues and enable people with mental health & emotional well-being needs to access & benefit from services.

Child Protection:

Understand context of the child within the family & the family dynamics, e.g. community safety & domestic violence.

Improve awareness of the potential abuse of children & young people.

Contribute to assessing & act upon risk of danger, harm and abuse.

Work in partnership with others to contact, assess & support individuals in populations who are at risk from identified hazards to health & well-being.

Develop, implement & review programmes of support for carers & families within their community.

Child Development:

Undertake a range of screening programmes, e.g. visual.

Understanding the normal course of development through the lifespan, & be able to signpost common deviations.

Support the development of individualised care plans.
Contribute to planning, monitoring & reviewing the delivery of services for individuals.

Assess the developmental health and well-being of babies & refer as appropriate.

Direct & provide screening for biochemical & metabolic disease.

**Health Promotion:**

Provide information to individuals, groups and communities about promoting health & well-being.

Support the development of individualised care plans.

Contribute to the development & running of support groups.

Contribute to planning, monitoring & reviewing the delivery of services for individuals.

Assess the health & well-being of women and their babies during pregnancy, in partnership/conjunction with the midwife or senior specialist practitioner.

Assess the needs of carers & families of individuals with mental health needs; physical disabilities & any related long-term conditions.

Contribute to planning, monitoring & reviewing the delivery of services for individuals & develop practices which promote choice, well-being & protection of all individuals.

Develop, implement & review programmes of support for carers & families within their community.

Support carers to identify & enable them to manage their own needs.

Enable individuals to manage their defined health condition.

Develop & agree in partnership with children young people & family’s individualised care plans.

Develop, implement & review programmes of support for carers & families.

Agree courses of action following assessment of the development, health & well-being of parents, families & their children in partnership.

Plan activities, interventions & treatments to achieve specified health goals in partnership with families & their children.

Transition planning with children & other agencies, i.e. signposting.
Plan, agree & implement developmental activities to meet the development of individual needs.

**Professional Development:**

Develop oneself & contribute to the development of others.

Maintain best practice; policies & professional codes of conduct within a governance framework.

Oversee volunteers & safe practice.
Assess the health & well-being of families, children & young people & develop & agree an individualised care plan for the family.

Demonstrate evidence of application of evidence-based practice.

**Promoting Positive Mental Health:**

Empower families, carers & others to support individuals with mental health & emotional well-being needs.

Determine the concerns & priorities of individuals & families in relation to their mental health & mental health needs.

Enable individuals & families to identify factors affecting, & options for optimising their mental health & social well-being including wider public health.

Enable parents to reflect & debrief on their experience of childbirth & parenting and act accordingly.

Demonstrate evidence of application evidence-based practice.

**Public Health:**

Screen populations for specific health characteristics.

Work in partnership with others to prevent the onset of adverse effects on health & well-being in populations, e.g. promotes immunisations & delegate screening.

Undertake own role & delegate in partnership to protect the public’s health & well-being from specific risks.

Demonstrate evidence of application of evidence-based practice.

Facilitate change & promote health across a community.
Understanding the needs of the community, anticipate needs in a changing population, i.e. Asylum seekers.

**Working with Complex Families:**

Identify with parents & carers the skills they require to protect own families, children and young people.

Demonstrate evidence of application of evidence-based practice.

Managing challenging & complex families & issues.

Understanding the needs of the community, anticipate needs in a changing population.

Engage with children in specialist circumstances, i.e. homeless, travellers.

**Leadership Skills:**

Ability to lead & manage a team.

Supervise & manage the team, and performance manage where/when appropriate.

Ability to delegate appropriately.

Develop, mentor & supervise others in given areas of practice.

**Governance:**

Promote, monitor & maintain best practice in health, safety & security.

Maintain best practice; policies & professional codes of conduct within a governance framework.

Assessing risk & needs within an undifferentiated workload.