



A-Z of Recycling for students



cartons



electrical



food tins &
drink cans



mixed
paper & card



mixed glass
bottles & jars



mixed textiles
& clothes



kitchen
waste




plastics

Did you know...

Each year the average person throws away seven times their body weight (about 500kg) in rubbish! and households in the UK throw away the equivalent of 3.5 million double-decker buses (almost 30 million tonnes), a queue of which would stretch from London to Sydney and back! (Source: wasteonline.org.uk)

We are committed to reducing the amount of waste we send to landfill by reusing, recycling or converting waste to a fuel that generates energy. Recycling reduces demand on raw materials, energy, and landfill sites. It reduces the amount of methane released into the atmosphere, a potent greenhouse gas. If you want to contribute further, the best option is to pre-cycle, not recycle. We can all create less waste in the first place!

There is an increasing amount of legislation concerning waste disposal to protect our environment. Some items such as IT equipment, toner cartridges, electrical items and some batteries contain hazardous materials. A hazardous material is one that is toxic or will corrode metal, burn, or explode. They need to be disposed of correctly to ensure the materials do not go to landfill. Hazardous items in this A to Z are marked with 

This guide is to help you dispose of your waste correctly, please use it to find if an item can be recycled and what the relevant bin for recycling is. Please take note of the items you can put into the recycling bins, as incorrect items may result in a contamination and the whole collection being sent to landfill.

If you cannot find what you are looking for please contact the UAS office or if you are in privately rented accommodation your local authority.

Recycling around campus

There are recycling bins around each campus for plastic bottles, cans, glass bottles and paper. Please note that an incorrect item in the recycling bins may result in the whole collection being sent to landfill.



University Accommodation

Different university accommodation has differing recycling facilities please make sure you know how your accommodation recycles rather than sending all your waste to landfill! If you need more information please contact the UAS office.

Anastasia

Each kitchen in Anastasia has a bin for your general waste, plastic bottles, cans and paper.

Collier Road

Bins are located in each garden for your glass, tins & cans and plastic bottles.

Nightingale and Bridgets

Unfortunately Nightingale and Bridgets have no recycling facilities due to space restrictions. Recyclable items could be taken to your local recycling centre. There are recycling facilities at Tesco, Newmarket Road, where you can recycle newspapers, magazines, white paper and white envelopes, glass bottles and jars, food and drink cans, aerosols and clean foil, textiles, plastic bottles, paper based cartons. Please note the SU has a Supermarket bus which goes to this Tesco.

Peter Taylor House

Each kitchen in Peter Taylor House has a bin for you general waste, plastic bottles, cans and glass.

Paper and cardboard can be placed in the banks located at the rear of Peter Taylor House adjacent to the bin areas. (Please flat pack your cardboard and no pizza boxes please!)

Peter Taylor also has a bin in the foyer for empty ink cartridges.

Private accommodation in Cambridge

The Council provide either a blue wheelie bin or recycling boxes for your glass bottles and jars, paper, clean cardboard, plastic bottles, drink cartons (e.g. Tetra Pak) & cans, a green wheelie bin for dirty cardboard (e.g. pizza boxes), food and garden waste and a black bin for general rubbish.

Student Village

Bins are located outside for glass (separate colours), cans and paper. Opposite the Student Village is also a clothing bank which accepts clothing and shoes on behalf of the Helen Rollason Cancer Charity.

Swinhoe

At the rear of the building under the cycle shelter recycling banks are available for your glass, paper, plastic bottles, cans and cardboard. (Please flat pack your cardboard and no pizza boxes please!)

To find out in more detail what can go in each bin please see the below table, If you are unsure on an item please contact the UAS office or your local authority.

UAS Office Chelmsford	01245 493131	essexaccom@anglia.ac.uk
UAS Office Cambridge	01223 363271	cambaccom@anglia.ac.uk
Local Authority Chelmsford	01245 615840	recycling@chelmsford.gov.uk
Local Authority Cambridge	01223 458282	customer.services@cambridge.gov.uk

Type of bin	Yes Please!	No Thanks!
Plastic bottles Please Squash!	Drink bottles (fizzy drinks & water) Milk bottles Cleaning product bottles Shampoo bottles Washing up bottles	Tubs (e.g. butter containers) Plastic trays (e.g. food trays) Bottle lids Plastic bags/film/wrappers Pots (e.g. yogurt pots)
Cans Please Squash!	Clean food cans Empty drink cans Aerosols (not squashed)	Crisp packets
Glass bottles	Clean glass bottles Clean glass jars	Other types of glass
Paper	Paper Newspapers Magazines Brochures Envelopes	Paper towels Tissues Post-it notes Paper cups Wrapping paper Cardboard
Cardboard	Clean boxes – flat packed	Pizza boxes

A to Z Guide

On the following pages there is an A to Z guide of items you may wish to recycle but cannot do so via your accommodation facilities or simply items you do not know how to dispose of.

Aerosols

If they are empty these can be recycled in with food and drink cans. Although aerosol cans in the UK no longer contain CFCs they do contain other ozone depleting propellants. Where possible please avoid using aerosols and choose alternatives such as pump action sprays or roll-ons.

CAN RECYCLING BINS



Batteries

There are various different types of battery and some contain hazardous materials. It is **important** that these are disposed of correctly and not placed in general landfill waste bins. Please consider using rechargeable batteries where possible.

From 1st February 2010 retailers selling more than 32Kg of portable batteries each year will legally have to provide a take back service in their store.

Anglia Ruskin Students can bring old household batteries to the Students Union office to be disposed of. All batteries will be taken and given to an external company to recycle.

STUDENTS UNION OFFICE



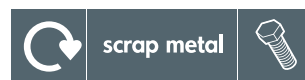
Bikes

Depending on their condition bikes that are no longer wanted can be exchanged for cash to second hand dealers.

Chelmsford; Two Wheelers bike stall at Chelmsford market (Unit 83–90 Chelmsford Retail Market, 07933 219376)

Cambridge; The Bike Man (www.thebikeman.co.uk, 07850 814186, stall on Cambridge Market Square Mon–Thurs).

SECOND HAND SHOPS



Books

Don't throw away your old textbooks the John Smith bookshops on campus will buy and sell your second hand textbooks, terms and conditions apply so ask in store for details!

JOHN SMITH BOOKSHOPS / CHARITY SHOPS



Any personal books you have that you no longer need please take to a local charity shop, most charity shops have books sections and welcome donations, Oxfam have designated stores that are specifically bookshops and run on donations.

Oxfam Bookshops

Chelmsford; 94 High Street, Chelmsford CM1 1DX
0.5 miles from campus

Cambridge; 28 Sidney Street, Cambridge CB2 3HW
0.6 miles from campus

Carrier bags

Carrier bags cannot be recycled unless they are made of paper. Please consider using a reusable carrier bag when you go shopping or keep reusing the carrier bags you have. They can be as cheap as 10p and will last for ages. Tesco even give you 'green' clubcard points when you use your own carrier bags!

You could save up your unwanted carrier bags and take them to your local supermarket for recycling. Sainsbury's, Tesco and Somerfield at most major stores have facilities for carrier bag recycling.

Cambridge; You can donate carrier bags to Arjuna on Mill Road who reuse them for customers.

REUSE/RECYCLING CENTRES



Christmas Cards

Christmas cards generate a lot of waste so please recycle them. You can bring all your old Christmas Cards into the Students' Union after Christmas where they are collected on behalf of the woodland Trust for recycling.

If you do send Christmas cards please consider sending ones containing recycled material or that donate money to a charity, alternatively you could send your seasons greetings via email as this eliminates paper and cardboard waste, having to recycle, time and money!

STUDENTS UNION OFFICE



Crisp packets / snack food packets

These cannot be recycled and have to be placed in your general waste bins.

GENERAL WASTE /
LANDFILL BINS



Computers * see IT equipment

Electrical items

Consider donating unwanted electrical appliances that are in good working order to a charity or selling them to resale and second hand shops.

If you are buying a new electrical appliance ask if the retailer can dispose of your old one. Some shops will now dispose of your old appliance as part of their new responsibilities under the Waste Electrical and Electronic Equipment (WEEE) Directive. If the item is in good order question if you really need a replacement and if it simply needs fixing then repair if possible to do so.

It is ultimately your responsibility to dispose of broken electrical items and are encouraged to take them with you when you leave university accommodation. They need to be disposed of at Recycling Centres for Household Waste (formerly known as Civic Amenity Centres). If discarded and left in university accommodation a charge will be traced back to you.

Recycling Centres for Household Waste;

Chelmsford; Drovers Way, Boreham, Essex, CM2 5 (Near Sainsbury's)

Cambridge; Butt Lane, Milton, Cambridge, Cambridgeshire, CB4 6DQ

RECYCLING CENTRES
FOR HOUSEHOLD WASTE



Ink cartridges

Anglia Ruskin Students can donate their old printer cartridges in boxes located in the campus student's union shops where they are recycled on behalf of Oxfam.

Purchasing refilled cartridges rather than buying new ones will help to reduce the amount of cartridges having to be disposed of.

Shops offering refilled ink cartridges;

Chelmsford; Cartridge world 243 Broomfield Road, Chelmsford, CM1 4DP

Cambridge; 216 Cherry Hinton Road, Cambridge, CB1 7AW

IT equipment

IT equipment is hazardous and needs to be disposed of correctly. If you have IT equipment that you no longer want and is in good working order please consider donating to a charity or selling them to resale and second hand shops.

It is your responsibility to dispose of broken IT equipment and are encouraged to take it with you when you leave university accommodation. It needs to be disposed of at Recycling Centres for Household Waste (formerly known as Civic Amenity Centres). If discarded and left in university accommodation a charge will be traced back to you.

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STUDENTS UNION



RECYCLING CENTRES FOR HOUSEHOLD WASTE



Kitchen Equipment

Any kitchen equipment such as plates, mugs, knives, forks, pots and pans etc that you no longer need can be recycled by donating them to local charity shops.

Students living in Halls; please contact the Student Union for information on donating unwanted kitchen equipment which will be recycled to new students during meet and great week in return for a donation to Mission Croatia.

CHARITY SHOPS /
STUDENTS UNION



Medicines

Medicines/drugs are classed as hazardous household waste; used, out-of-date and no longer required medicines need to be taken back to the pharmacy where they will be disposed of safely.

PHARMACY



Mobile phones

Anglia Ruskin students can bring old mobile phones to the student's union office for recycling on behalf of the Marie Curie Cancer charity.

Some companies will also give money or rewards for recycling for your old mobile phone! Tesco have a freepost service whereby you can send them your old mobile phone and earn green clubcard points! Please see www.tescomobilerecycling.com for details.

STUDENTS UNION OFFICE



Other

If you cannot find what you are looking for please contact the UAS office or your local authority.

LOCAL AUTHORITY



Polystyrene Cups & Food Trays

These cannot be recycled and have to be disposed of in the landfill bins. Where practical please avoid using them.

LANDFILL BINS



Shoes

Shoes in good condition that you no longer want can be recycled at designated recycling points or by being donated to charity shops.

Textile donation banks;

Chelmsford; There is a clothing and shoe bank located in the Rivermead Gate shop car park entrance, which is behind the shops opposite student village. Any unwanted good-quality clothes and shoes can be donated to help raise money for the Helen Rollason Cancer Charity.

Cambridge; There is a textile recycling donation bank at Tesco, Newmarket Road, all donations should be tied in plastic bags and shoes tied in pairs. Please note the SU has a SUpermarket bus which goes to this Tesco.

Stamps

Anglia Ruskin students can recycle stamps for charity by bringing them to the Students' Union Office. They are donated to the RSPB as part of their **save the albatross campaign**. Please bring all your old stamps, especially commemorative and foreign stamps, cut around the stamps and leave a 5mm border rather than steaming them off and if you can please separate them into UK and foreign.

Don't forget to recycle your envelopes in the paper recycling bins when you have taken your stamps off!

Televisions

Consider donating unwanted televisions that are in good working order to a charity or selling them to resale and second hand shops.

It is ultimately your responsibility to dispose of a broken television and are encouraged to take it with you when you leave university accommodation. It needs to be disposed of at Recycling Centres for Household Waste (formerly known as Civic Amenity Centres). If discarded and left in university accommodation a charge will be traced back to you.

CHARITY SHOPS /

RECYCLING POINTS



STUDENTS UNION



RECYCLING CENTRES FOR HOUSEHOLD WASTE



Recycling Centres for Household Waste;

Chelmsford; Drovers Way, Boreham, Essex, CM2 5
(Near Sainsbury's)

Cambridge; Butt Lane, Milton, Cambridge,
Cambridgeshire, CB4 6DQ

Tetrapak cartons

These generally cannot be recycled and have to be disposed of in your general waste.

Cambridge; In private accommodation in Cambridge these can be put in your blue wheelie bin or recycling boxes from November 16th 2009, or taken to Tesco on Newmarket Road where there are banks for them. Please note the SU has a Supermarket bus which goes to this Tesco.

Chelmsford; There is a tetrapak recycling bank at Tesco, Springfield Road. Please note the SU has a Supermarket bus which goes to this Tesco.

GENERAL WASTE /
LANDFILL BINS



Textiles and clothing

Unwanted clothes in good condition can be recycled by donating them to charity shops or donation banks. Unwanted material such as bed linen and towels can be donated to animal sanctuaries that use it for bedding.

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RECYCLING POINTS





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mixed
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mixed glass
bottles & jars



mixed textiles
& clothes



kitchen
waste



plastics

Estates & Facilities
Anglia Ruskin University
Bishop Hall Lane
Chelmsford
CM1 1SQ
0845 196 4680
environment@anglia.ac.uk