



# Turn Off & Power Down

As users, we all control office and electronic equipment so if we turn a piece of equipment on, we should also turn it off when it's no longer needed!

Most of the energy from this type of equipment emerges as heat adding to a building's heat load and your discomfort.

## What can you do?

- Switch off equipment such as all photocopiers and printers at the end of the working day
- Purchase energy efficient equipment
- Use power down facilities on equipment such as fax machines, photocopiers and printers which have energy saving features

## Did you know...

A photocopier left on overnight uses enough energy to produce over 1500 copies.



[www.anglia.ac.uk/energy](http://www.anglia.ac.uk/energy)

# SWITCH OFF!